

**Senior Programs**  
(age 62 and over)

**Monday - Friday**  
**9AM - 4PM**

**Membership Fees**  
**Annual:**

Temple Terrace  
Residents -

\$55 per year

Non-Residents-

\$110 per year

Or

**Daily:**

\$3 Residents

\$5 Non-Residents



**OMAR K. LIGHTFOOT**  
**RECREATION CENTER**

*City of Temple Terrace*  
*Leisure Services Department*



**Senior Programs**  
**Information**  
**September 2010**

**10601 N. 56th St.**  
**Tel: 813-506-6630**

## Exercise & Fitness



**MSROM Silver Sneakers**

**Fitness Class -**

Monday & Thursday 9am

**Arthritis Exercise -**

Tuesday 9:30am & Friday 9am

**Mall Walking Club -**

Tuesday 10am



**Line Dancing -**

Wednesday 9:30am

\$2 members, \$3 non-members

## Learning

**Intro to Computers -**

Monday 10am

**Conversational Spanish -**

Friday 9:30am



## Games

**Cards - Daily**

**Wii Bowling - Monday 10am**



**Farkel - Monday 12pm**

**Bunco - Thurs. 12:30pm \$1**

**Senior Scrabble -**

Monday & Wednesday 1pm

**Dominoes -**

Tuesday & Friday 9am

**Table Tennis -**

Tuesday & Thursday 10:15am



**Bingo -3 cards for \$1**  
Tuesday & Friday 12pm

## Arts & Crafts

**Ceramics -**

Wednesday

10:30am & 4:30pm

Thursday 9:30am

Please contact instructor for price and class space availability.

Fran Johns 985-8216



**Basics of Painting -**

Tuesday 6:30pm

Rotating 2 week sessions

\$25 members, \$35 non-members

Please contact instructor for class space availability.

Terry Klaaren 985-9200

## Social

**Afternoon Tea - Thursday 2pm**



**Potluck Dinner -**  
Thursday 5pm  
(Except Sept. 30)

**Red Hat Club -**

"Dessert 1st" Friday 9/3 @ 10:30am

Lunch @ Bob Evans

Friday 9/24 @ 11am

## Important Dates

**Field Trip Sign Up Day -**

Friday 9/3

**Closed for Labor Day -**

Monday 9/6

**Movie "Eat, Pray, Love" Trip -**

Thursday 9/9, Time TBA - \$7

**Medicare Supplement Options**

**Presentation - Friday 9/17 @ 10am**

**Peabody's Billiard & Lunch Trip -**

Monday 9/20 @ 11am

Billiard game is free if you order lunch.

**Walkwise Pedestrian Safety**

**Presentation - Friday 9/24 @ 10am**

**Dinner at Caddy's Trip -**

Thursday, September 30th 5pm

No Potluck Dinner tonight due to trip.