


July 2010 Lightfoot Center Senior Activities 10901 N. 56th St. (813) 506-6630

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MSROM Silver Sneakers Fitness Classes offered Mondays & Thursdays at 9am <i>Spanish Class and Red Hat Club meetings will resume in September.</i></p>			<p>1 MSROM 9am Ceramics 9:30am Table Tennis 10:15am Bunco 1pm Afternoon Tea 2pm Pot Luck 5pm</p>	<p>2 Independence Day Party 10am Dominoes 9am Arthritis Exercise 9am Bingo 12pm</p>
<p>5 CLOSED</p>	<p>6 Field trip sign up day Dominoes 9am Table Tennis 10am Mall walking group 10am Bingo 12pm</p>	<p>7 Line Dance Class 9:30am Ceramics 10:30am & 4:30pm Senior Scrabble 1pm</p>	<p>8 MSROM 9am Karate Kid movie/lunch trip \$7.50 time tba Ceramics 9:30am Table Tennis 10:15am Bunco 1pm Afternoon Tea 2pm Pot Luck 5:00pm</p>	<p>9 Samba tournament 9am Dominoes 9am Bingo 12pm</p>
<p>12 MSROM 9am Wii Bowling 10am Farkel 12pm Senior Scrabble 1pm</p>	<p>13 Dominoes 9am Arthritis Exercise 9:30am Mall walking group 10am Table Tennis 10am Bingo 12pm</p>	<p>14 Line Dance Class 9:30am St. Pete Pier “Oldies but Goodies dance” trip 10am Websites you should know 10am Ceramics 10:30am & 4:30pm Senior Scrabble 1pm</p>	<p>15 MSROM 9am Ceramics 9:30am Table Tennis 10:15am Bunco 1pm Afternoon Tea 2pm Pot Luck 5:00pm</p>	<p>16 Dominoes 9am Arthritis Exercise 9am Bingo 12pm</p>
<p>19 MSROM 9am Goodwill shopping/lunch trip 9:30am Wii Bowling 10am Farkel 12pm Senior Scrabble 1pm</p>	<p>20 Dominoes 9am Table Tennis 10am Mall walking group 10am Bingo 12pm</p>	<p>21 Line Dance Class 9:30am Websites you should know 10am Ceramics 10:30am & 4:30pm Senior Scrabble 1pm</p>	<p>22 MSROM 9am Ceramics 9:30am Table Tennis 10:15am Bunco 1pm Afternoon Tea 2pm Pot Luck 5:00pm</p>	<p>23 Dominoes 9am Arthritis Exercise 9am Red Hat lunch @ TGI Fridays 11am Bingo 12pm</p>
<p>26 MSROM 9am Intro to computers 10am Wii Bowling 10am Farkel 12pm Senior Scrabble 1pm</p>	<p>27 Hand & Foot tournament 9am Dominoes 9am Arthritis Exercise 9:30am Table Tennis 10am Mall walking group 10am Bingo 12pm</p>	<p>28 Line Dance Class 9:30am Websites you should know 10am Ceramics 10:30am & 4:30pm Senior Scrabble 1pm</p>	<p>29 MSROM 9am Ceramics 9:30am Table Tennis 10:15am Bunco 1pm Afternoon Tea 2pm Pot Luck 5:00pm</p>	<p>30 Dominoes 9am Arthritis Exercise 9am Flower crafts with Michelle \$3 10am Bingo 12pm</p>