



CITY OF TEMPLE TERRACE NEWS RELEASE

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FOR IMMEDIATE RELEASE (Two pages)

SENIOR EXPO A SHOWCASE FOR INFORMATION ... AND FUN

(TEMPLE TERRACE, FL. – 2/22/07) – The 18th annual Temple Terrace Senior Expo is Friday, March 9, 2007 from 9 a.m. to 1 p.m. at the Omar K. Lightfoot Recreation Center, 10901 N. 56th St.

The popular event offers senior citizens an opportunity to meet one-on-one with representatives of area businesses and services that cater to seniors and their needs.

More than three-dozen agencies and businesses will be on hand at this **FREE** event to distribute information, answer questions and demonstrate their services.

Among those attending:

- * The Alzheimer's Association
 - * Bay Area Neuroclinic, Inc.
 - * Florida Department of Financial Services
 - * Florida Division of Blind Services
 - * Bay Area Legal Services
 - * Hillsborough County Aging Services
 - * Terrace Oaks Funeral Home
 - * Temple Terrace Fire Department
 - * Temple Terrace Parks & Recreation
 - * Temple Terrace Police Department
 - * Home Instead Senior Care
 - * Canterbury Tower Retirement Community
- and many, many more!

A **free continental breakfast** will be served on a first-come, first-served basis, courtesy of *Sweet Tomatoes*. And every senior will receive **a free hot lunch** from 11:30 a.m. to noon.

Bone density and blood-pressure screenings also will be offered by the *Tampa Medical Group* at no charge. And, there will be **door prizes**, entertainment, bingo and lots of other fun.

Don't miss this festive and informative event offered by the Temple Terrace Parks and Recreation Department.

For more information, call the Lightfoot Recreation Center at (813) 989-7183.

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