



## CITY OF TEMPLE TERRACE NEWS RELEASE

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**FOR IMMEDIATE RELEASE (Two pages)**

### ***SENIOR EXPO SHOWCASES IMPORTANT SERVICES***

*It's fun, too, with door prizes, lunch, entertainment and more!*

**TEMPLE TERRACE, FL. – (2/20/08)** – The 19<sup>th</sup> annual *Temple Terrace Senior Expo* will bring together a wealth of services, products and important information tailored specifically to seniors, caregivers and others on Friday, March 14, 2008.

The **FREE** event is 9 a.m. to 1 p.m. at the Lightfoot Recreation Center, 10901 N. 56<sup>th</sup> St., Temple Terrace. The popular event offers seniors and their families a chance to meet one-on-one with representatives of area businesses and agencies that cater to their needs.

More than 30 agencies, organizations and businesses will be on hand to distribute information, answer questions and demonstrate their products and services.

Among those attending:

- \* Osher Lifelong Learning Institute – University of South Florida
- \* Florida Department of Financial Services
- \* Tampa Lighthouse for the Blind
- \* Terrace Oaks Funeral Home
- \* Tampa Bay Radiation Oncology
- \* Bay Area Neuro Clinic
- \* Bay Area Legal Services
- \* American Credit Counseling Service, Inc.
- \* Elderlink Senior Services
- \* Centre for Women
- \* Help at Home, LLC
- \* West Central Florida Area Agency on Aging

*... and many, many more!*

A **free continental breakfast** will be available on a first-come, first-served basis, courtesy of *Sweet Tomatoes*. And a **free lunch** will be served on a first-come, first-served basis, from 11:30 a.m. to noon.

Free blood pressure checks, memory tests and bone density screenings will be offered. There will be entertainment, door prizes and fun-filled activities. Many Temple Terrace departments will be on hand, too, with personnel ready to answer questions and provide brochures and other handouts.

Seniors also can dispose of old, unwanted medicines through **Operation Medicine Cabinet**, sponsored by Home Instead Senior Care. Just bring any expired, unused or unwanted medicines and prescription drugs to the event. Police officers will take them to a hazardous waste collection site for disposal.

Opening ceremonies will kick off the event at 9 a.m., with remarks from Temple Terrace Mayor Joe Affronti and City Manager Kim Leinbach. The Rev. Ted Fielland of Temple Terrace Community Church will offer an invocation.

*Temple Terrace Senior Expo* is sponsored by the Temple Terrace Parks and Recreation Department.

**For more information about the Temple Terrace Senior Expo, contact Kelly Ahern at (813) 989-7183.**

**For more information about Operation Medicine Cabinet, contact Kristi Campbell at (813) 629-8869.**

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