



CITY OF TEMPLE TERRACE NEWS RELEASE

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FOR IMMEDIATE RELEASE

ANNUAL EXPO SHOWCASES SERVICES FOR SENIORS

Event features important information for seniors, along with door prizes, lunch, entertainment and more!

TEMPLE TERRACE, FL. – (2/25/11) – The 22nd annual *Temple Terrace Senior Expo* will bring together a wealth of services, products and important information tailored specifically for seniors, caregivers and others on Friday, March 11, 2011.

The FREE event is 9 a.m. to 1 p.m. at the Family Recreation Complex, 6610 E. Whiteway Drive, Temple Terrace. The popular event offers seniors and their families a chance to meet one-on-one with representatives of area businesses and agencies that cater to their needs.

More than 40 agencies, organizations and businesses will be on hand to distribute information, answer questions and demonstrate their products and services. Among those participating:

- * West Central Florida Area Agency on Aging
- * Temple Terrace Pharmacy
- * Home Instead Senior Care, Inc.
- * Dignity Memorial
- * Blount & Curry Terrace Oaks Chapel
- * Elder Justice Center
- * Hillsborough County Aging Services
- * Universal Healthcare
- * The Centre for Women
- * Tampa Lighthouse for the Blind
- * Deaf and Hearing Connection of Tampa Bay
- * Osher Lifelong Learning Institute
- * Museum of Science and Industry
- * Florida Poison Information Center at Tampa General Hospital
- * Senior Connection

... *and many, many more!*

Free blood-pressure checks and glucose screenings will be offered. There will be entertainment, door prizes, bingo and other fun-filled activities. Many City of Temple Terrace departments will be on hand, too, with personnel ready to answer questions and provide brochures and other handouts.

Seniors also can dispose of old, unwanted medicines through *Operation Medicine Cabinet*, sponsored by Home Instead Senior Care, Inc. Just bring any expired, unused or unwanted medicines and prescription drugs to the event between 9 a.m. and 1 p.m. Police officers will take them to a hazardous waste collection site for disposal.

A free continental breakfast, sponsored by BJ's Wholesale Club, will be available for early birds at 8 a.m. on a first-come, first-served basis.

Planet Smoothie and Evos will be giving out free smoothie and food samples.

A free lunch will be served from 11:30 a.m. to noon, courtesy of Hillsborough County Aging Services.

The Temple Terrace Senior Expo is sponsored by the Temple Terrace Leisure Services Department.

For more information about the event, contact Kelly Ahern at (813) 506-6630.

For more information about Operation Medicine Cabinet, contact Kristi Campbell at (813) 684-1972.

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