



CITY OF TEMPLE TERRACE NEWS RELEASE

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FOR IMMEDIATE RELEASE

EXPLORE MEMORIES WITH 'LIFE STORY' WORKSHOP

TEMPLE TERRACE, FL. – (1/21/11) – The Temple Terrace Public Library will host a special *Life Story Writing Workshop* designed to spark your creativity and spur your memories.

The workshop begins Friday, Feb. 4, 2011 and runs for 10 weeks. Each session is 9:30 a.m. to noon. Most sessions will be held at the library, 202 Bullard Parkway, although some may be held at the Omar K. Lightfoot Center, 10901 N. 56th St. Classes are free and all skill levels and ages are invited.

There will be writing assignments each week. The writing coaches – Valerie Perry and Lynn Gardner – will show participants how to clarify their thoughts, connect with their past and create a “life story” portfolio in a fun way.

Assistant Library Director Teresa Fraser described it as “learning how to put down your thoughts and ideas into a journal and create something you may be able to publish for family and friends.”

There is no required text for the course. However, if you wish to do some reading, a good place to start is Natalie Goldberg’s “Writing Down the Bones.”

The workshop is limited to 15 participants, who are asked to attend all 10 sessions. The workshop is sponsored by Friends of the Temple Terrace Library.

To sign up, come by the library or call the circulation desk at (813) 506-6770.

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