



## CITY OF TEMPLE TERRACE NEWS RELEASE

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### FOR IMMEDIATE RELEASE

## COMMUNITY WELLNESS FAIR COMING IN APRIL

TEMPLE TERRACE, FL. – (3/30/11) – Got spring fever?

Then it's a great time to get a free check-up on your physical, emotional and financial health – and have fun doing it – at the third annual *Temple Terrace Community Wellness Fair*.

The event is Saturday, April 9, 2011 at the Family Recreation Complex, 6610 E. Whiteway Drive. The event runs 10 a.m. to 2 p.m.

This event is open to the public and will bring together area agencies, organizations and businesses aimed at improving the health and well-being of people throughout our community. Admission and parking are free.

New this year is a focus on financial well-being, with credit unions and experts on hand to offer financial advice and services. More than two-dozen vendors, exhibitors, agencies and businesses will participate, providing information and handouts about their products and services.

Display space is still available for those involved in fitness, stress management, weight management, nutrition, mental health, financial services and any related topics, by calling (813) 506-6600.

We'd like to thank this year's title sponsor -- *Terrace Oaks Funeral Home*.

We also extend thanks to Cloud Hands Tai-Chi for its sponsorship.

The wellness fair is hosted by the Temple Terrace Leisure Services Department.

For more information, call (813) 506-6600.

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