



CITY OF TEMPLE TERRACE NEWS RELEASE

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FOR IMMEDIATE RELEASE (Two pages)

ANNUAL EXPO SHOWCASES SERVICES FOR SENIORS

Event features important information for seniors, along with door prizes, lunch, entertainment and more!

TEMPLE TERRACE, FL. – (2/18/10) – The 21st annual *Temple Terrace Senior Expo* will bring together a wealth of services, products and important information tailored specifically for seniors, caregivers and others on Friday, March 12, 2010.

The FREE event is 9 a.m. to 1 p.m. at the Family Recreation Complex, 6610 E. Whiteway Drive, Temple Terrace. The popular event offers seniors and their families a chance to meet one-on-one with representatives of area businesses and agencies that cater to their needs.

More than 30 agencies, organizations and businesses will be on hand to distribute information, answer questions and demonstrate their products and services. Among those participating:

- * Seniors in Service of Tampa Bay, Inc.
- * Temple Terrace Pharmacy
- * Home Instead Senior Care, Inc.
- * Bay Area Neuro Clinic
- * Health Care Center of Tampa
- * Terrace Oaks Funeral Home
- * Hillsborough County Aging Services
- * Universal Healthcare
- * The Centre for Women
- * Tampa Lighthouse for the Blind
- * Bay Area Legal Services
- * Byrd Alzheimer's Center & Research Institute
- * Museum of Science and Industry
- * Florida Poison Information Center at Tampa General Hospital

... and many, many more!

Free blood-pressure checks, memory tests and bone-density screenings will be offered. There will be entertainment, door prizes, bingo and other fun-filled activities. Many City of Temple Terrace departments will be on hand, too, with personnel ready to answer questions and provide brochures and other handouts.

Seniors also can dispose of old, unwanted medicines through *Operation Medicine Cabinet*, sponsored by Home Instead Senior Care, Inc. Just bring any expired, unused or unwanted medicines and prescription drugs to the event between 8 a.m. and noon. Police officers will take them to a hazardous waste collection site for disposal.

A free continental breakfast will be available at 8 a.m. on a first-come, first-served basis.

Opening ceremonies will kick off at 9 a.m., with remarks from Temple Terrace Mayor Joe Affronti and City Manager Kim Leinbach. Jeff Williams, pastor at First Baptist Church of Temple Terrace, will offer an invocation.

A free lunch will be served from 11:30 a.m. to noon, courtesy of Hillsborough County Aging Services.

The Temple Terrace Senior Expo is sponsored by the Temple Terrace Leisure Services Department.

For more information about the event, contact Kelly Ahern at (813) 506-6630.

For more information about Operation Medicine Cabinet, contact Kristi Campbell at (813) 684-1972.

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